National Ringette School - Callingwood Camp 2015 - U10 AM - Half-day Group August 17 - 21, 2015

| | | Monday | | | <u>Thursday</u> |
|---|---|---|-----------------------------|---|---|
| 8:15am 9:30am 10:45am | 7:30am 9:15am 10:30am 11:45am | Sign In Ice (Arena A) Team Meeting and Cohesion Hands/Ice Breakers Ice (Arena A) | 8:15am 9:30am 10:45am | 7:45am 9:15am 10:30am 11:45am | Sign In Ice (Arena A) Shooting - Session and Snack Ice (Arena A) |
| | 12:00pm | Pick Up <u>Tuesday</u> | | 12:00pm | Pick Up <u>Friday</u> |
| 8:15am 9:30am 10:45am | 7:45am 9:15am 10:30am 11:45am 12:00pm | Sign In Ice (Arena A) Strategy Session and Snack Ice (Arena A) Pick Up | 8:15am 9:30am 10:45am | 7:45am 9:15am 10:30am 11:45am 12:00pm | Sign In Ice (Arena A) Team Building and Snack Scrimmage - Ice (Arena A) Pick Up |
| 7:45am Sign In 8:15am 9:15am Ice (Arena A) 9:30am 10:30am Fitness and Snack 10:45am 11:45am Ice (Arena A) 12:00pm Pick Up | | REMEMBER TO BRING: - Lunch and Snacks - Waterbottle - Running shoes - Athletic clothes | | G: - Hat - Sunscreen - Bug spray - Full equipment - Sharp skates - Stick(s) | |



Late Pick-Up Policy: \$10/15mins. Payable with cash only upon same day pick-up or next day drop-off.

Child will not be permitted to re-join the camp until fee is paid.